CONTROLLED SUBSTANCE STEWARDSHIP SERVICES

ABOUT US

- We are a primary care based, not-for-profit applied research organization established to drive improvement in the quality, safety, and efficacy of patient care.
- We are a provider of clinical and administrative support programs and services that address patient safety and quality concerns that have high-impact for patients, providers, and healthcare organizations.

OUR CONTROLLED SUBSTANCE STEWARDSHIP MODEL: A PROVEN APPROACH

Since 2013 the Schmidt Institute Controlled Substance Stewardship program has reduced opioid and benzodiazepine prescribing by more than 70% in a Federally Qualified Health Center serving 65,000 patients (Homsted, Magee, and Nesin, 2017). Key features of our program:

- Compassionate, integrated care for patients whose prescriptions are tapered.
- Prompt referral and access to expertise in alternative pain management and other relevant services, such as medication assisted treatment if Opioid Use Disorder is diagnosed.
- Interprofessional advisory support for frontline providers caring for patients with chronic pain, substance use disorders, and other complex conditions and circumstances, including social determinants of health.
- Clear, practical and clinically functional policies that assure evidence-based prescribing and management of opioids (including tramadol), benzodiazepines, hypnotics, and stimulants.
- Informed consent and patient-provider agreements that provide unambiguous description of risks and expectations of compliance with safeguards when a prescription of the foregoing drugs is appropriate.

OUR CONTROLLED SUBSTANCE STEWARDSHIP SERVICES

- The Schmidt Institute Controlled Substance Stewardship (CSS) Program Implementation Package.
  - A step-wise program implementation package supported by expert consultants.
- Monitoring and advisory services for individual providers or groups who wish to engage in the CSS process or who have a compulsory monitoring and reporting obligation.
  - De-identified, objective monitoring of specified controlled substance prescribing.

For More Information, please contact:

Zelinda Pullen, Administrative Assistant
Schmidt Institute, 103 Maine Avenue, Bangor, Maine
Zelinda.pullen@sjhhealth.com  |  (207) 907-1401